

# Jumping Up During Greetings Solutions

## BEHAVIOR SERIES



Though jumping up while greeting people can be a normal dog behavior, it can be undesirable where human injury could occur. Learning how to control this behavior will allow you to enjoy interaction with your Pets throughout their lifetime. Clear and consistent communication between you and your dog is the most effective tool used in behavior training.

## Resolving the Problem

### Remove All Reinforcement

Dogs Action:	Your Reaction:
Your dog jumps up upon greeting	Immediately and calmly turn away, cross your arms, avoid eye contact and do not talk until your dog stops jumping up
Your dog continues to persistently jump up	Leave the room or close your dog in another area
Your dog stops jumping up	Calmly engage with your dog again (talking, eye contact, petting, etc.)
Your dog jumps up again	Immediately turn away again

### Use Tools to Limit Opportunity

Use tools such as leashes, head-collars and crates to limit your dog's opportunities to jump on people. These can be particularly helpful if you have guests in the home.

### Teach Alternative Greeting Behavior

- First teach your dog the sit/stay command in calm situations without distractions
- Once your dog has mastered sit/stay in calm situations, begin teaching him/her sit/stay during greetings
- Only provide attention and reinforcement (talking, eye contact, petting, praise etc.) when your dog sits and stays while greeting you or other people

## Things to Avoid

### Giving Your Dog Any Attention

- Talking
- Eye contact
- Petting

### Physical Punishment

(which can lead to fear and aggression in your dog)

- Kneeing in the chest
- Stepping on paws
- Hitting



For additional information, please contact your Banfield medical team.

